

HEALTH SCRUTINY COMMITTEE

3 September 2019

Title: Update on Barking Riverside: Developing the health and care model, and specification for a Health & Wellbeing Hub	
Report of the Director of Public Health	
Open Report	For Information
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Summary <p>On the 25th April, a large workshop was held with a mixture of professionals (mainly from the developer, the council/councillors and the Clinical Commissioning Group) and residents who had been involved in the Healthy New Towns programme and local voluntary groups with an interest in wellbeing to discuss the health and wellbeing outcomes sought for the Barking Riverside development. This was the beginning of a five-workshop series looking at elements of health and care delivery and the specification for a Health & Wellbeing Hub in the new district centre.</p> <p>The single client brief for the Hub has been developed based on the discussions at the workshops and has been shared with the developers for their initial consideration. It is grounded in an emerging health and care model for the locality. There is a strong field of community engagement activity underway in this part of the borough, and the initial design brief has been shaped by involving those leading that activity, as well as a small number of further specific conversations with community members. For the next phase, a stronger and deeper emphasis on co-production will be employed, and the initial approach to this work is currently being designed.</p>	
Recommendation(s) <p>The Committee is recommended to:</p> <ol style="list-style-type: none">i. Note this report and the presentation at Appendix 1, which will be delivered by Dr John Jagan, Chair of Barking & Dagenham Clinical Commissioning Group, andii. Ask questions of the Director of Public Health and Dr John to ensure that the project is on track to deliver on its status of 'healthy new town'.	
Reason(s) <p>The Barking Riverside development is a unique opportunity to build health and wellbeing into a major new town in this part of London, building on its formal designation by NHS England as London's only Healthy New Town. The first stage has been to develop a specification for the Hub so that developers can consider the physical building requirements, but this is very much an initial stage, and the presentation will describe the important elements of a programme to ensure that the community, both existing and new, can shape the delivery of innovative and responsive health and care in the communities of Thames ward.</p>	

1. Introduction and Background

Both the Council in the *Borough Manifesto* and NHS England in their *5 Year Forward View*, emphasise the need to refocus on prevention, integration and the joining up of services within health and social care. This vision for Barking Riverside Health and Wellbeing Hub (BRHWH), is to enable Thames Ward to flourish –working together to plan, develop and deliver the Healthy New Town by 2031. BRHWH is intended to be an example of outstanding community healthcare and integrated multi-agency work, in a way that exemplifies and catalyses the strategic direction of travel within Barking and Dagenham, NHS England and the public sector more generally.

BRHWH aims to:

- Bring providers together across the spectrum of health and social care, leisure and community to enable, empower and treat where appropriate
- Be inclusionary and accessible to all, promoting social interaction and fostering a sense of community
- Place service users and their experience at the heart of the service model
- Operate at a larger geography, by integrating with existing health and community infrastructure in Thames Ward and the wider Barking, Havering and Redbridge system
- Open its doors in 2021, with phased opening until fully functional by 2031

2. Thames Health & Social Care Locality Board

As part of the implementation of the Integrated Care System we have agreed with the CCG to establish the Thames Health & Social Care Locality Board chaired by Cllr Worby. The first meeting will be held on 25th September. Thames is the first Locality Board to be established in the BHR Integrated Care System. The Locality Board's purpose is to support the health and wellbeing of the population of Thames Ward by ensuring that health & care services (including wellbeing and prevention programmes) are:

- Commissioned and delivered in ways that are consistent with the agreed System for Health/Care Model
- High quality
- Holistic and joined-up
- Responsive to the needs and aspirations of the local community

The scope is for Locality 4, which is currently Thames Ward. This includes Barking Riverside, Scrattons and Thames View. However, longer-term development and boundary changes may impact on the scope. The system scope is to bring together the following stakeholders:

- Barking Riverside Ltd
- Community representation (both VCS and resident)
- LBBD, service blocks; plus BeFirst (as LBBD's Arms-length planning and infrastructure body)
- NHS

2.1 Locality Board Responsibilities

- Securing the voice of residents in decision-making about health & care (including the prevention and wellbeing agenda) services and activity in Thames Ward;
- Ensuring health and wellbeing provision is commissioned and delivered in line with the agreed System for Health/Model of Care
- Working with the BHR Provider Alliance to ensure these services are high quality and responsive to the needs of the local population;
- Working with local commissioners to inform commissioning decisions;
- Working closely with the Public Health team to embed a prevention and wellbeing agenda and activities within the locality.

3. The Legacy of Healthy New Towns

NHS England finalised the Healthy New Town Programme in April 2019. Whilst the initial funding has been spent on over 24 local projects, pilots and testbeds that were established to help make Thames Ward a happier and healthier place, there has also been work since April to ensure the health and wellbeing agenda in the neighbourhood doesn't lose momentum. In particular, the Healthy New Towns programme sets a strong precedent for genuine partnership working with residents by both commissioning a cohort of residents directly to deliver health projects and beginning to co-produce the model of care within the community.

On the 25th April, a large workshop was held with a mixture of professionals (mainly from the developer, the council/councillors and the Clinical Commissioning Group) and residents who had been involved in the Healthy New Towns programme and local voluntary groups with an interest in wellbeing. During this workshop, those in attendance felt the following collaborative working groups should be established to ensure the legacy of Healthy New Towns is being monitored through several lenses:

- Working Group One:** A collaborative co-design group for the health hub that will be built at Barking Riverside
- Working Group Two:** A collaborative co-design group to monitor, evaluate and transform the physical environment in Thames Ward so it becomes more health promoting
- Working Group Three:** A collaborative commissioning group to encourage more local groups and residents to receive funding and recognition for their health work

Those who attended the workshop nominated one another to lead the various groups and to join those boards.

3.1 Working Groups

Co-design Group for the Health Hub: This group is being led by Mark Harrod from the CCG and Sarah McCready from Barking Riverside. The purpose of this group is to ensure that passionate residents and community groups can partner with the developer, the NHS and the council in designing the new health and leisure hub that is proposed for Barking Riverside. Co-production and co-design will be used throughout the process, and the emphasis is to ensure that this working group is equally formed of residents and professionals. It is also envisaged that this working group will consider other health assets in the area, such as the Thames View Health

Centre, as the goal is to make sure that changes to primary care is equitable across the whole of Thames Ward. This group will also consider the “model of care” for Thames Ward, by which we mean the decisions about how primary care is specifically delivered in the Thames Ward community, and what exactly is available for local people to access. This working group has already been meeting and has committed to targeted work over the summer with an architecture practice to undertake design feasibility on the centre.

Co-design Group for the Built Environment in Thames Ward: This group is being led by Matt Carpen from Barking Riverside Limited and Tessie Briton from Participatory City. The purpose of this group is to acknowledge that the built environment should have a major role to play in making local people healthier and happier if the urban design is health promoting. It is envisaged that this group will not only consider the design at Barking Riverside, where lots of the neighbourhood is still being developed and designed, but also what interventions can be put into the environment in Thames View and Scrattons Farm to make wellbeing choices as easy as possible for local people. This group is yet to meet, but it is envisaged that other developers in the area as well as BRL, the council and local people/community groups will work together to bring forward innovative physical interventions. It is also hoped that these interventions will be monitored and evaluated by the group so that we can all learn of the impact that these ideas can achieve.

Collaborative Commissioning Group for Community Led Health: This group is being led myself from the council as well as a local resident who has been involved in a community research project in Thames View. The purpose of this group is to connect both the local people and the local groups who are interested in creating health programmes with commissioners in the council and the NHS. One of the great aspirations for the emerging model of care is to empower more local people and groups to become the pathways where patients can access community support, particularly regarding social prescribing for areas like chronic pain, loneliness, mood disorders, physical activity and healthy eating. Therefore, creating a forum where commissioners can meet and be inspired by local people, and where local people can help inform commissioners about what the neighbourhood needs could be a very positive step. The leaders of this group have already met to strategize, with the first meeting of this working group being diarised for early September.

Membership for all these groups is being decided collaboratively during the meetings, with working group members taking the lead on cascading invites to other professionals or residents that the group feel is needed for input.

Appendices

Appendix 1 Presentation by the Chair of BD CCG